

Good morning, it's March 18, 2013, and welcome to Panther News. I'm \_\_\_\_\_, \_\_\_th grade.

We hope you had a great "Spring Break", and now we need to focus on breaking, or passing our STAAR exams! They are coming very soon!

As we have mentioned on other broadcasts, our teachers are working very hard to prepare us for the exams, but we also have to prepare, or help ourselves, too. The only person who really knows where you are with your subjects is YOU.

If you feel uncomfortable, or don't know your subject or subjects, now is the time to ask your teachers questions. Don't just sit there, and not know. This is the worst thing you can do. Ask so you are prepared!

Good morning. I'm \_\_\_\_\_, \_\_\_\_\_th grade.

The only way to move to the next grade level is to pass your STAAR exams. There are no short cuts. The path to passing is paying attention in the classroom, taking notes and studying them, doing your classwork and homework, and asking questions if you don't understand.

A very important part of this is to develop good study habits, and learn how to manage your time better so you can study when you need to, and relax when you want to. Again, if you don't know what you should know, ask ... find out!

Knowledge or knowing is POWER, and this force or mental quality will easily take you through your STAAR exams. You'll not only pass, but you'll do very well!

Good morning. I'm \_\_\_\_\_, \_\_\_<sup>th</sup> grade.

A few quotes follow to help you think positive so you can pass your STAAR exams:

“There are no secrets to success. It is the result of preparation and hard work.” - General Colin Powell

“Strength of mind is exercise, not rest.” - Alexander Pope

“Success is the sum of small efforts, repeated day in and day out.” - Robert Collier

“It's not that I'm so smart, it's just that I stay with problems longer.” - Albert Einstein

“The best way to finish an unpleasant task is to get started.”  
- Anonymous

Good morning. I'm \_\_\_\_\_, \_\_\_ th grade.

“You may never know what results come of your action, but if you do nothing there will be no result.” - Mahatma Gandhi

“Everything you want is out there waiting for you to ask. Everything you want also wants you. But you have to take action to get it.” - Jules Renard

“Try not. Do or do not, there is no try.” – Yoda

“If you don’t go after what you want, you’ll never have it. If you don’t ask, the answer is always no. If you don’t step forward, you’re always in the same place.” - Nora Roberts

“I’m not telling you it is going to be easy — I’m telling you it’s going to be worth it.” - Art Williams

Good morning. I'm \_\_\_\_\_, \_\_\_ th grade.

“Forget past mistakes. Forget failures. Forget everything except what you’re going to do now and do it.” - William Durant

“Make the most of yourself, for that is all there is for you.” - Ralph Waldo Emerson

“Learn something new every day under the sun. You will never get old if you do.” - Lois Bey

And last, but not least ...

“Recipe for success: Study while others are sleeping; work while others are wasting time; prepare while others are playing; and dream while others are wishing.” - William A. Ward

Good morning. I'm \_\_\_\_\_,  
\_\_\_\_th grade.

We've mentioned on a previous broadcast via ehow.com that studying is looked at by most people as one of the most boring things to do in life. If you are one of these people, you can change your mind by reminding yourself of a few basic, but important, truths!

Remind yourself of your purpose. The time that you spend studying now will help to make your future dreams a reality. The act of studying is like a bridge between where you are now and where you want to be in the future!

Good morning. I'm \_\_\_\_\_, \_\_\_\_\_th grade.

Realize knowledge is power. A well-educated person is a powerful person. Knowledge is priceless. Think about how much more knowledge and ability you are gaining each time you sit down to study.

Dare yourself to succeed. Make it a point to dare yourself to pass any real or imagined barriers like the STAAR exams. Personal achievement and fulfillment are wonderful things! Do things that can contribute to this, like studying!

Make a decision. The difference between a below average/average result and an extraordinary result is related to effort. Forcing yourself to sit down and study, even when you don't feel like it, is a personal achievement ... extraordinary!

Some quick announcements:

Congratulations to those students who went to Europe during “Spring Break”. While visiting St. Peter’s Square, they came across local Houston KPRC newsman, Bill Balleza. To see this Channel 2 News coverage, go to YouTube, and search ... “RYSS Student Spring Break Trip to Europe”.

This past month on February 21<sup>st</sup> , the RYSS Army Junior Reserve Officers’ Training Corps (JROTC) Panther Battalion received praise ... good marks ... for its performance during the Annual Assistance Inspection. The Battalion Commander, Cadet Major Brenda Vazquez, and six members of the Battalion Staff presented a one hour briefing of staff functions and responsibilities. It included examples of day-to-day operations, activities and accomplishments of the unit during the school year.

Ms. Smith wants us to announce that she is continuing her 7<sup>th</sup> grade Math tutorials on Fridays at 1:45 pm to 3:15 pm on the 3rd floor in room 308.

Mr. Chambers wants us to announce that he submitted a total of 288 student pledges ... grades 6 through 8 ... against gun violence to the national pledge program that honors the role that young people, through their own decisions, can play in reducing gun violence. Since 1996, more than ten million students nationwide have signed the pledge. He thanks the students, Ms. Salcedo and Mr. Valle for taking action.

Please come to school with basic school supplies: pens, pencils and paper.

Please make sure that you are following the uniform code in your student handbook.

Wear your ID badge at all times while on campus.

Respect each other as you pass by in the hallways. Stay to your right, and NO BULLYING, please!

If you see trash in the hallways of our buildings and anywhere on our campus, pick it up, and throw it in a garbage can.

Do not enter the buildings until 7:55am, and do not walk in drinking beverages.

After school, stay in the gated area ... courtyard ... and wait for your parents to pick you up.

We want to mention again, the “My Words” section as a part of our broadcast, soon, so everyone understands its importance. We will feature a student as a guest on PANTHER NEWS to read his/her composition or written expression.

Again, a written expression is the ability to write down information and ideas ... using sentences, correct grammar and spelling ... so your writing can be understood by others.

So, work on your sentences, and polish up your grammar and spelling. You may have an opportunity to join us “live” as a featured guest on PANTHER NEWS to share your written thoughts and feelings.

Teachers, please submit your students’ compositions so we can then contact them for the broadcast.

## Communities in Schools

Today: Math Tutoring – Unit Review. Homework Completion. Math Enrichment – “Fruit Salad”. Physical Activity – Soccer Obstacle Course, Xbox, Wii.

Tuesday: Science Tutoring – Unit Review. Homework Completion. Science Enrichment – “Optical Illusions”. Fine Arts – “Soccer Posters”. Health and Wellness – Dodge Ball, Cosmetology, Xbox, Wii.

Wednesday: Reading Tutoring – Workbook Vocabulary Lesson Review. Homework Completion. Reading Enrichment - “Horchata-Mexican Water”. Physical Activity – Soccer Practice, Kickball.

## Lunch Menu

Today: Beef Tamale with Salsa and Charro Beans,  
Shredded Lettuce, Carrot Sticks, Raisin Cookie, Diced  
Pears.

Tuesday: Lasagna with Ground Beef or Chunky Chicken  
Salad, Black-eyed Peas, Sliced Beets, Bread Stick,  
Pineapple and Cherries.

Wednesday: BBQ Chicken or Chunky Chicken Salad,  
Carrot Coins, Mexicali Corn, Macaroni Salad, Strawberry  
Cup.

Again, our e-mail address so you can send your comments and submissions to PANTHER NEWS for broadcast consideration:

[panthernewsreport@panthernewsreport.com](mailto:panthernewsreport@panthernewsreport.com)

That's all for now. We'll see you Thursday. Have a great day, and study hard! Your future depends on it!