

Media is an inseparable part of most teenagers life and can have a big effect on teenagers. Media (the means of communication or entertainment) is the most common way to communicate in the world. Especially through technological media like television, mobile, internet etc.



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Media Influence on Teenagers



Teenagers

The most important thing about media influence on teenagers is that the media can have both positive or negative influence on people especially teenagers. Today's modern society is surrounded by media which is an essential part of people's lives, and can be very useful depending on the way it is used. Every media has different purposes depending on the situation.



How does mass media influence young people?

The media makes billions of dollars with the advertising they sell and that we are exposed to. We buy what we are told to be good, after seeing thousands of advertisements, we make our buying decisions based on what we saw on TV, newspapers or magazines to be a product we can trust and also based on what everyone else that we know is buying, and their decisions are also based on the media.

BODY IMAGE

Young girls are being deluged by media images of skinny models: Girls are becoming weight conscious as young as 8 years old. 80% of 9-year-olds are on diets. Eating disorders have grown 400% since 1970. Some girls or guys get depressed about their body image because they think they're

ugly and no one likes her or him. This is an important issue about teenagers and we need to stop this kind of depression. Body image is important because girls think they are ugly when they are actually pretty. Body image is everywhere around the world and also depression in teenagers. Many males are becoming insecure about their physical appearance as advertising and other media images raise the standard and idealize well-built men.

